

Title of Visit

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Please fill in and print **ONLY** the relevant pages.**1. Adventurous Activities – general information**

Will the party take part in ...	Yes	No	Details of Instructors, National Governing Body qualifications	Details of Centre Licence Numbers	Fill in and attach
... swimming?					page 2
... skiing?					page 3
... canoeing?					page 4
... mountaineering & walking?					page 5
... rock-climbing?					page 6
... windsurfing?					page 7
... sailing?					page 8
... any other activities? Please detail:					

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2. Additional risk assessment for OFF-SITE SWIMMING

Please note that OPEN WATER SWIMMING is not permissible on CLSG educational visits without express permission of the Governing Body.

	Yes	No
Will the swimming take place in a UK public swimming pool?		
Will this swimming take place in other pools?		
For pools other than UK public pools only:		
Is there regular testing of water quality?		
Are accurate signs displayed indicating the depth?		
Is the depth of the water less than 1.5 metres? (if so, diving should not be permitted)		
Is the swimming pool room, in the case of an indoor pool, locked when not in use?		
Is there constant pool supervision?		
Do the supervisors have current National Pool Lifeguard Qualifications (or recognised equivalent abroad)?		
Is there a resuscitator? Are the lifeguards trained in its use?		
Is there poolside rescue equipment?		
Are there a poolside telephone and an alarm?		
Is an emergency action plan (EAP) displayed?		
Are normal operative procedures (NOP) available?		
Is the number of pupils/students supervised by one qualified adult fewer than 20?		
Are the changing facilities in keeping with basic hygiene and personal safety?		
Do the pupils/students know not to leave any group member alone at any time in the pool?		
Prepared by:		
Date:		

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3. SKIING equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Gloves							
Sunglasses							
Goggles							
Skis							
Boots							
Sticks							
Helmets *							
Other							
Check ski instructor qualification							
Check ski technician qualification							

* It is a requirement that helmets should be worn by all participants engaged in snow sport activities.

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4. CANOEING equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Canoes fitted with in-build buoyancy							
Paddles							
Buoyancy aids of life jackets							
Canoe crash helmets							
Wet suits							
Canoe cagoules							
Spray decks							
Emergency two line							
Spare paddles							
First aid kit							
Flares							
Other							

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5. Mountaineering & Walking equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Waterproofs							
Boots							
Hats							
Gloves							
Scarves							
Warm clothing							
Rucksacks							
Whistle							
Man-sized polythene bag							
Emergency and/or extra food							
Map and compass							
Ice axe (for winter walking)							
Crampons							
Climbing belt							
Crash helmet							
Instructor equipment							
First aid							
Security rope							
Sleeping bag							
Hot drinks – flask or stove							
Emergency communication gear							
10-man nylon tent sac							
Torch							

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6. Rock-Climbing equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Rock climbing crash hats							
Climbing harness							
Waist belts and sit slings							
Ropes							
Belaying equipment							
Rope log book							
Other							

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7. Windsurfing equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Boards							
Sails							
Personal buoyancy							
Wetsuits							
Instructor equipment							
Rescue boat							
First aid							
Emergency communication							
Safety system / recalls, etc.							
Other							

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8. SAILING equipment

Item	Satisfactory		Action required		Follow-up		Comments
	Yes	No	Immediate	Follow-up	Carried out by	Date completed	
Condition of boats							
Personal buoyancy							
Sailing waterproofs							
Wetsuits							
Instructor equipment							
Rescue boat							
First aid							
Emergency communication							
Safety system / recalls, etc.							
Other							